



Workshop G9T6 – Being shaped by your surroundings

TIMING

20'	20'	Activity 1 – No need to be dolls
30'	50'	Activity 2 – Being me
10'	60'	Activity 3 – What can I take away from this?
5'	65'	Activity 4 – Publishing our impressions

DESCRIPTION OF ACTIVITIES

Workshop objectives	<ol style="list-style-type: none"> 1. To raise awareness about the power of language and the media in shaping personal relationships and society. 2. To generate a critical view of the manipulative power of advertising. 3. To become aware of how our surroundings influence the way we see ourselves.
Before starting this workshop	We'll tell our students that the sixth workshop in the "For real!!!" guide for the promotion of gender equality is called "Being shaped by your surroundings". It deals with our bodies and the criteria we usually use to decide whether we like them or not. We'll reflect on whether the opinions of others, our surroundings and the media influence us and shape our ideas of beauty and, finally, we'll discuss gender inequality in the media.
Activity 1	No need to be dolls (20') Video and reflection.
Activity 2	Being me (30') Shaping our bodies. Reflection opportunity.
Activity 3	What can I take away from this? (10')
Activity 4	Let's publish our impressions (5')

NOTE: this document is a summary of how to complete the workshop. You'll find a detailed description of the activities and any additional information in the **workshop file**.